

# BASKETBALL CAMP CROATIA 2024 23/6 - 30/6 and 30/6 - 7/7/2024



## About the camp

Basketball camp Croatia is a summer camp that gathers boys and girls from 10 to 18 years old.

Summer 2024 will be the 6th edition of our camp.

In the past 5 years, we have gathered a total of 1,118 participants from 25 countries around the world.



#### Accommodation

Accommodation is at the Well\*\*\*\* Hotel, Terme Tuhelj, on a full board basis. During their free time, the Water Planet with outdoor and indoor pools is available to the participants.



#### **Practices**

The training sessions are held in the gym in Zabok, in one of the most modern sports halls in Croatia, the home of KK Zabok.





#### Coaches

Coaches from our coaching "pool", in addition to experience from senior or youth facilities in clubs, already have an enviable experience of working on the first 5 editions of our camp. We combine the knowledge and experience of top senior coaches and the energy and passion of junior coaches.



#### Camp guests

So far, we have hosted big players and coaching names at the camp: Gordan Giriček, Damjan Rudež, Neven Spahija, Tomislav Mijatović, Dino Rađa, Roko Ukić, Jurica Golemac, Rok Stipčević, Nikola Vuičić. Danko Cvietićanin...



#### **Expert lectures**

We provide our participants with education and a broader insight into the life of professional athletes. We organize lectures by expert associates on topics such as: "Healthy nutrition for athletes", "Study and play in the USA"



#### Conditioning

Top fitness trainers educate participants about injury prevention methods through a program of specific exercises adapted to the age of the participants and basketball as a sport.



### Skills and Mentality individual workout (additional option)

Our participants also have the opportunity to share the floor with active professional basketball players! For the past 2 years at the camp, all participants had the opportunity to go through the "Skills & Mentality by Rok" program prepared and implemented by Rok Stipčević. Rok shared his experience on the European floors and demonstrated his method and methodology of training. New surprises await you this year with the additional option of individual work with a personal trainer.



# Isokinetic testing (additional option)

This is a new service that will be available as an additional option in cooperation with a renowned sports clinic specializing in isokinetic testing, rehabilitation and injury prevention for athletes. The goal of the test is to determine the current functional state of the athlete along with recommendations from experts for further training.

#### Dražen Petrović Museum

We organize a tour of the Dražen Petrović
Memorial Center, with a lecture by specialized guides
who convey the life story of one of the greatest
Croatian athletes.





#### Price

#### First minute price 620,00 EUR per week

- for applications until 30/4/2024 Last minute price is **680,00 EUR** per week

#### Included in price:

- 7 full boards -all inclusive
- Accommodation in double and triple rooms at the Well\*\*\* hotel
  - · Use of Aqua Park, swimming pool
  - Complete training program during the camp
    - Package of sports equipment
      - · Professional lectures
- Trainer supervision and 24-hour communication with parents
  - Health care (doctor and physiotherapist)

Offer for accompainment/parents
First minute price EUR 595.00 per week

- for applications until 30. 04. 2024.

Last minute price is **620.00 EUR** per week Price includes

- 7 full boards all inclusive
- Accommodation in double and triple rooms at the Well\*\*\*\* hotel
  - · Use of Aqua park, swimming pool and hotel gym





For more information about camp and how to sign up, visit:

www.crobasketcamp.com

or contact us directly by mail: info@crobasketcamp.com